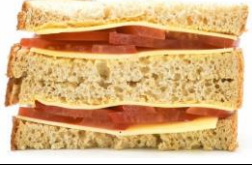


<u>SANDWICH</u>				
<u>Code</u>	<u>Product</u>	<u>Ingredients</u>		
102	Chicken Schnitzel Sandwich On White	chicken schnitzel, herb mayonnaise, tomato & lettuce		
630	Chicken Mango Habanero On Wholemeal	chicken breast, mayonnaise, mango habanero sauce & lettuce		
103	Chicken Mayonnaise Sandwich On Wholemeal	chicken breast, mayonnaise & lettuce		
104	Chicken & Avocado Sandwich On Light Rye	chicken breast, mayonnaise, avocado spread, semi dried tomato & lettuce		
105	Peri Peri Chicken Sandwich On Light Rye	chicken breast, peri peri sauce, mayonnaise, red & white cabbage, carrot & baby spinach		
106	Super Salad Sandwich On Mixed Grain	tasty cheese, avocado spread, cucumber, mayonnaise, tomato, carrot & lettuce		
107	Egg & Lettuce Sandwich On Wholemeal	egg mayonnaise & lettuce		
108	Cheese & Tomato Sandwich On Wholemeal	tasty cheese & tomato		
110	Vegan Rainbow Sandwich On Wholemeal	homous, cucumber, carrot, pickled red onion, baby spinach, mint, red & white cabbage		
109	American Reuben Sandwich On Light Rye	pastrami, Russian dressing, pickles, provolone cheese & lettuce		

111	Ham, Cheese & Tomato Sandwich On White	smoked ham, grain mustard mayo, tasty cheese & tomato		
113	Turkey & Swiss Cheese Sandwich On Mixed Grain	turkey breast, cranberry sauce, Swiss cheese, cucumber & lettuce		
112	Roast Beef Sandwich On Mixed Grain	roast beef, grain mustard, tomato, caramelised onion & lettuce		
114	Italian Club On White	smoked ham, sopressa salami, herb mayo, basil, Swiss cheese, tomato & lettuce		

TORTILLA

<u>Code</u>	<u>Product</u>	<u>Ingredients</u>	
141	Chicken Caesar Tortilla	chicken breast, Caesar dressing, parmesan cheese, boiled egg, crispy bacon & lettuce	
142	Chicken & Avocado Tortilla	chicken breast, mayonnaise, avocado spread, semi dried tomato & lettuce	
143	Mexican Chicken Tortilla	crumbed chicken breast, chipotle mayonnaise, jalapenos, tasty cheese, red capsicum, lettuce	
144	Chicken Satay Tortilla	poached chicken, satay sauce, mayonnaise, peanuts, carrot, radish, cos lettuce, shredded kale, fresh mint, cucumber	
145	Pesto Chicken Tortilla	chicken breast, pesto mayonnaise, tomato, fresh basil, mozzarella cheese & lettuce	
554	Chicken Twister Tortilla	southern fried chicken, crunchy slaw, sriracha mayo, bacon, American cheese	

146	Roast Beef Tortilla	roast beef, grain mustard, tomato, caramelised onion & lettuce	
147	Italian Club Tortilla	smoked ham, sopressa salami, herb mayo, basil, mozzarella cheese, tomato & lettuce	
148	Falafel & Tabouli Tortilla	falafel, homous, tabouli, tomato, sweet chilli sauce & lettuce	
521	Pumpkin & Feta Tortilla	roast pumpkin, lettuce, capsicum, feta cheese, peri peri sauce	

PANINI

<u>Code</u>	<u>Product</u>	<u>Ingredients</u>	
151	Chicken Schnitzel Panini	chicken schnitzel, herb mayonnaise, tomato & lettuce	
152	Chicken & Avocado Panini	chicken breast, mayonnaise, avocado spread, semi dried tomato & lettuce	
153	Peri Peri Chicken Panini	chicken breast, peri peri sauce, mayonnaise, red & white cabbage, carrot & baby spinach	
154	Mexican Chicken Panini	crumbed chicken breast, chipotle mayonnaise, jalapenos, tasty cheese, red capsicum, lettuce	
155	Pesto Chicken Panini	chicken breast, pesto mayonnaise, tomato, fresh basil, Swiss cheese & lettuce	
156	Chicken & Bacon Club Panini	chicken breast, avocado spread, mayonnaise, crispy bacon, tomato & lettuce	

634	Chicken Caprese Panini	chicken breast, mozzarella cheese, semi dried tomato, fresh basil, oregano mayonnaise & spinach	
157	Ham, Cheese & Tomato Panini	smoked ham, grain mustard mayo, tasty cheese & tomato	
158	Tomato, Bocconcini & Basil Panini	tomato, bocconcini cheese, baby spinach, basil pesto & balsamic glaze	

BAGUETTE

<u>Code</u>	<u>Product</u>	<u>Ingredients</u>	
130	Smoked Salmon	smoked salmon, cream cheese, fresh dill, cucumber, black pepper & lettuce	
131	Chicken & Bacon Club Baguette	chicken breast, avocado spread, mayonnaise, crispy bacon, tomato & lettuce	
132	Chicken Caesar Bacon Baguette	chicken breast, Caesar dressing, parmesan cheese, crispy bacon & lettuce	
133	Southern Fried Chicken Baguette	crumbed chicken breast, cream cheese, tomato, lettuce & mango chutney	
134	Chicken Crunch Baguette	chicken breast, seeded mustard mayonnaise, celery, cucumber, tomato & lettuce	
633	Korean Spiced Chicken & Miso Mayo Baguette	Korean spiced chicken, wasabi mayonnaise, shredded mozzarella cheese, coriander, cucumber, shallots & lettuce	
135	Roast Beef Baguette	roast beef, grain mustard, tomato, caramelised onion & lettuce	

136	Turkey & Swiss Cheese Baguette	turkey breast, cranberry sauce, Swiss cheese, cucumber & lettuce	
137	Italian Club Baguette	smoked ham, sopressa salami, herb mayo, basil, mozzarella cheese, tomato & lettuce	
138	Ham, Cheese & Tomato Baguette	smoked ham, grain mustard mayo, tasty cheese & tomato	
522	Italian Antipasto Vegetarian	goats cheese, roasted capsicum, pickled red onion, olives, artichoke heart, spinach, rocket & balsamic glaze	

GLUTEN FREE SANDWICHES & WRAPS

<u>Code</u>	<u>Product</u>	<u>Ingredients</u>	
164	Chicken Mayo Gluten Free Sandwich	chicken breast, mayonnaise & lettuce	
165	Roast Beef Gluten Free Sandwich	roast beef, grain mustard, tomato, caramelised onion & lettuce	
166	Ham, Cheese & Tomato Gluten Free Sandwich	smoked ham, seeded mustard mayo, tasty cheese & tomato	
167	Chicken & Avocado Gluten Free Wrap	chicken breast, mayonnaise, avocado spread, semi dried tomato & lettuce	
168	Falafel Vegan Salad Gluten Free Wrap	falafel, vegan mayonnaise, cucumber, sweet chilli sauce, tomato & lettuce	
169	Vegan Rainbow Gluten Free Wrap	homous, cucumber, carrot, pickled red onion, baby spinach, mint, red & white cabbage	

BREAKFAST

<u>Code</u>	<u>Product</u>	<u>Ingredients</u>
--------------------	-----------------------	---------------------------

159	Ham & Cheese Croissant	ham & tasty cheese	
522	Kransky, Cheese & Bacon Roll	kransky sausage, tasty cheese, tomato sauce, bacon, wrapped in puff pastry	
160	Ham & Cheese Toastie	ham & tasty cheese	
161	Chicken & Cheese Toastie	chicken breast, mayonnaise & tasty cheese	
163	Bacon, egg & relish roll	bacon, egg & tomato relish	
553	Breakfast Burrito	bacon, egg, chipotle mayonnaise, hash brown, shredded tasty cheese	
554	Vegetarian Breakfast Burrito	egg, hash brown, spinach, mozzarella cheese, sour cream & Pico De Gallo	
<u>SALAD BOWLS</u>			
<u>Code</u>	<u>Product</u>	<u>Ingredients</u>	
191	Middle East Mezze	falafel, feta cheese, peas, broccoli florets, toasted seeds, coriander, mixed quinoa, brown rice, red & white cabbage, baba ganoush & French dressing	
192	Vegan Rainbow Bowl	mixed quinoa, pickled red onion, brown rice, shredded red & white cabbage, carrot, peas, mint, homous, broccoli florets, toasted seeds, lemon wedge & French dressing	
193	Pumpkin, Beetroot & Feta	grilled pumpkin, feta cheese, kale, cos lettuce, mint, beetroot, green peas, toasted seeds & French dressing	

194	Vegan Teriyaki Tofu Bowl	tofu, teriyaki glaze, mixed quinoa, brown rice, shredded cabbage, edamame beans, carrot, capsicum, coriander, shallots, toasted seeds, sweet chilli sesame dressing	
176	Chicken Satay Salad	poached chicken, satay sauce, mayonnaise, edamame, peanuts, carrot, radish, cos lettuce, shredded kale, fresh mint, cucumber & mint dressing	
177	Chicken, Goats Cheese & Pesto	chicken breast, mixed lettuce, kale, grape tomato, cucumber, goats cheese, basil, toasted seeds, pickled red onion, chickpeas & pesto vinaigrette	
709	Chicken Avocado	chicken breast, cucumber, avocado, grape tomato, toasted seeds, lettuce, balsamic dressing	
647	Chicken Caesar	chicken breast, bacon, Caesar dressing, lettuce, croutons, boiled egg & parmesan cheese	
321	Mexican Chicken Kale Caesar	chicken breast, kale, lettuce, shredded cheese, tortilla chips, red capsicum, jalapeno chilli, coriander, chipotle Caesar dressing	
631	Chicken Katsu Salad	crumbed chicken breast, edamame, grape tomato, toasted seeds, carrot, mixed cabbage, brown rice, quinoa, curried mayo dressing	
181	Nut Free Chicken Pesto Pasta	chargrilled chicken, rocket, pasta, nut free basil pesto mayo, Kalamata olives, semi dried tomato, parmesan cheese	
182	Moroccan Market Chicken Bowl	chicken breast, broccoli, quinoa, brown rice, cabbage, mint, carrots, toasted seeds, feta, dried apricots & cranberries, crispy shallots, mint & lemon dressing	
183	Thai Chicken Bowl	chicken breast, cabbage, capsicum, carrot, mint, coriander, shallots, crushed peanuts, brown rice, mixed quinoa, lemon wedge & sweet chilli sesame dressing	
184	Hoisin Chicken & Crispy Noodle Salad	chicken, hoisin glaze, cos lettuce, goats cheese, shallots, roasted sweet potato, rocket, corn, crispy noodles, cherry tomato, tamari almonds, honey lime coriander dressing	

185	Chicken Poke Bowl	chicken breast, quinoa, brown rice, shredded cabbage, edamame, cucumber, carrot, radish, coriander, shallots, toasted seeds, shoyu dressing, wasabi mayo	
186	Korean Chicken Salad	Korean spiced chicken, brown rice, red & white cabbage, honey lime & coriander dressing, quinoa, carrot, grape tomato, coconut chips, toasted seeds	
187	Tokyo Chicken Bowl	chargrilled chicken, honey lime & coriander dressing, cucumber, cabbage, kale, edamame beans, pickled red onion, rice crackers, coriander, toasted seeds	
188	Roasted Sesame Chicken Bowl	poached chicken, edamame, pickled red onion, cos lettuce, shredded kale, red & white cabbage, crispy shallots, coriander, roasted sesame dressing	
189	Crispy Chicken Bowl	crumbed chicken breast, feta , carrot, cherry tomato, shredded cabbage, spinach, rocket, lime wedge, tamari almonds, crispy noodles, cucumber & green tahini dressing	
189	Chicken Harvest Bowl	spicy chicken, brown rice, mixed quinoa, mixed cabbage, lemon, baba ganoush, pickles, grape tomato, cucumber & green tahini dressing	
190	Thai Beef Salad	shredded beef, red onion, grape tomato, cucumber, peanuts, crispy shallot, mint, basil, coriander, red capsicum, mixed lettuce, sweet chilli sesame dressing	
<u>HOT BOWLS</u>			
<u>Code</u>	<u>Product</u>	<u>Ingredients</u>	
6260	Beef meatballs, Napolitana Sauce, Penne Pasta & Parmesan Cheese	beef meatballs, napolitana sauce, penne pasta & parmesan cheese	
6113	Indian Butter Chicken & Jasmine Rice	chicken, butter chicken sauce, coriander & jasmin rice	
6260	Beef Tortellini, Napolitana Sauce & Parmesan Cheese	beef tortellini, napolitana sauce, basil & parmesan cheese	

6261	Spinach & Ricotta Ravioli, Bacon Carbonara Sauce	spinach & ricotta ravioli, bacon carbonara sauce	
------	---	---	--

FRUIT BOWLS

<u>Code</u>	<u>Product</u>	<u>Ingredients</u>	
195	Fruit Salad Bowl	pineapple, rockmelon, watermelon, honeydew melon, grapes, strawberries & apple	
196	Fruit Salad & Yoghurt Bowl	pineapple, rockmelon, watermelon, honeydew melon, grapes, strawberries & apple with passionfruit yoghurt	

SNACK POTS

<u>Code</u>	<u>Product</u>	<u>Ingredients</u>	
200	Carrots, Celery & Homous Pot	carrot, celery & homous dip	
201	Egg & Spinach Snack Pot	boiled eggs & baby spinach	
199	Tortilla Chips, Guacamole & Salsa	tortilla chips, guacamole & salsa	
202	Chicken Bites & Herb Aioli	Korean spiced chicken & herb mayonnaise dip	

YOGHURT & FRUIT POTS

<u>Code</u>	<u>Product</u>	<u>Ingredients</u>	
203	Mixed Berry & Mango Yoghurt	Greek yoghurt, mixed berries & mango puree	

204	Blueberry & Granola Yoghurt	Greek yoghurt, blueberries & granola	
205	Apple Crumble Yoghurt	Greek yoghurt, sliced apple, cinnamon, apple crumble granola	
206	Mango, Coconut & Berry Granola Yoghurt	Greek yoghurt, sliced mango, mango puree, berry granola & toasted coconut	
207	Strawberry Yoghurt & Honey Granola	Greek yoghurt, strawberry puree & honey almond cinnamon granola	
208	Fruit Salad Pot	pineapple, rockmelon, watermelon, honeydew melon, grapes & apple	

DELI BOXES (ORDER ON CATERING SECTION OF ONLINE ORDERING)

<u>Code</u>	<u>Product</u>	<u>Ingredients</u>	
352	Mixed Finger Sandwich Box	(smoked salmon, dill & cream cheese) (beef, horseradish aioli, semi dried tomato) (chicken & avocado) (smashed egg & cracked pepper)	
353	Vegetarian Finger Sandwich Box	(smashed egg & cracked black pepper) (pesto, bocconcini, spinach & semi dried tomato)	
7012	Australian Cheese Box	cheddar, brie & blue cheese, lavosh crackers, dried apricots & pitted dates	
7011	Antipasto Deli Box	smoked ham, sopressa salami, basil, semi dried tomato, olives, feta cheese, cherry tomato & lavosh crackers	
7016	Healthy Deli Box	carrot, celery & capsicum batons, feta cheese, cherry tomato, homous & avocado dip	

LARGE CATERING BOXES (ORDER ON CATERING SECTION OF ONLINE ORDERING)

<u>Code</u>	<u>Product</u>	<u>Ingredients</u>	
7042	Large Catering Box 1	10 x Baby Panini: 2 x chicken avo, 2 x Italian club, 2 x tomato bocconcini, 2 x ham, 2 x turkey, 4 x Sandwich: 2 x egg, 2 x chicken mayo, 4 x Wraps: 2 x pesto chicken, 2 x roast beef	
7043	Large Catering Box 2	10 x Sandwich: 2 x chicken avo, 2 x egg, 2 x ham cheese & tomato, 2 x roast beef, 2 x turkey & brie	
7044	Large Catering Box 3	6 x Sandwich: 2 x chicken avo, 2 x ham, 1 x egg & lettuce, 1 x turkey & brie, 6 x Wraps: 2 x chicken caesar, 1 x roast beef, 1 x Italian club, 1 x pumpkin & feta, 1 x falafel	
7045	Large Catering Box 4	7 x Baguettes: 1 x turkey, 1 x Italian antipasto vegetarian, 2 x chicken club, 1 x Italian, 1 x ham, 1 x beef	
7046	Large Catering Box 5	18 x Finger Sandwich: 3 x walnut chicken, 3 x turkey, 3 x egg, 3 x beef, 3 x salmon, 3 x ham & Swiss cheese	
7047	Large Catering Box 6	59 x Pieces Sweet Treats: chocolate brownie, mini muffins, lemon drizzle cakes, caramel slice, lamingtons, angel slice	

Medium Catering Boxes (Order On Catering Section Of Online Ordering)

<u>Code</u>	<u>Product</u>	<u>Ingredients</u>	
7048	Medium Catering Box 1	8 x Baby Panini: 2 x chicken avo, 2 x ham, 2 x Italian, 2 x turkey & brie, 2 x Sandwich: 1 x egg, 1 x chicken mayo, 4 x Wraps: 2 x pesto chick, 1 x beef, 1 x falafel	
7049	Medium Catering Box 2	6 x Sandwich: 2 x chicken avocado, 1 x egg, 1 x ham cheese & tomato, 1 x roast beef, 1 x turkey & brie	
7050	Medium Catering Box 3	3 x Sandwich: 1 x chicken avo, 1 x ham, 1 x egg, 4 x Wraps: 1 x caesar, 1 x beef, 1 x Italian, 1 x pumpkin & feta	

7051	Medium Catering Box 4	5 x Baguettes: 1 x chicken club, 1 x roast beef, 1 x turkey & brie, 1 x ham, 1 x Italian Antipasto Vegetarian	
7052	Medium Catering Box 5	12 x Finger Sandwich: 3 x walnut chicken, 3 x egg & lettuce, 3 x smoked salmon, 3 x ham & Swiss cheese	
7053	Medium Catering Box 6	43 x Pieces Sweet Treats: chocolate brownies, mini muffins, lemon drizzle cakes, caramel slice, lamingtons, angel slice	

Small Catering Boxes (Order On Catering Section Of Online Ordering)

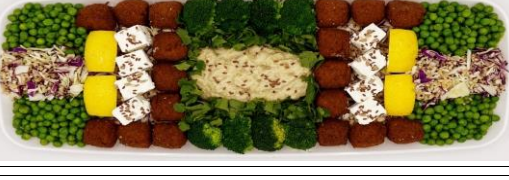
<u>Code</u>	<u>Product</u>	<u>Ingredients</u>	
7054	Small Catering Box 1	3 x Baby Panini: 1 x chicken avocado, 1 x ham cheese tomato, 1 x turkey & brie, 1 x Sandwich: 1 x chicken mayonnaise, 1 x Wrap: 1 x falafel & tabouli	
7055	Small Catering Box 2	3 x Sandwich: 1 x chicken avocado, 1 x egg & lettuce, 1 x ham cheese tomato	
7056	Small Catering Box 3	2 x Sandwich: 1 x chicken avocado, 1 x ham cheese tomato 1 x Wrap: 1 x pumpkin & feta	
7057	Small Catering Box 4	2 x Baguettes: 1 x chicken club, 1 x Italian Antipasto Vegetarian	
7058	Small Catering Box 5	6 x Finger Sandwich: 1 x walnut chicken, 1 x egg, 1 x roast beef, 1 x salmon, 1 x ham Swiss cheese, 1 x turkey & brie	
7059	Small Catering Box 6	18 x Pieces Sweet Treats: chocolate brownies, mini muffins, lemon drizzle cakes, caramel slice, lamingtons, angel slice	

Grazing Platters (Order On Catering Section Of Online Ordering)

<u>Code</u>	<u>Product</u>	<u>Ingredients</u>
-------------	----------------	--------------------

7072	Fruit Platter	pineapple, rockmelon, watermelon, seedless grapes, strawberries & honeydew melon	
7073	Antipasto Platter	sopressa salami, ham, pickles, jalapenos, olives, semi dried tomato, panini, falafel, tortilla, pickled onion, cherry tomato, homous	
7074	Cheese, Nut & Dried Fruit	cheddar, brie, cheese, blue cheese, water crackers, mixed nuts, dried apricots & pitted dates	
7075	Crudite Platter	crunchy carrot, celery sticks, capsicum batons, feta cheese, cherry tomato, homous & avo dip	

Salad Platters (Order On Catering Section Of Online Ordering)

<u>Code</u>	<u>Product</u>	<u>Ingredients</u>	
1145	Thai Chicken Salad	chicken breast, red & white cabbage, fresh red capsicum, carrot, mint, coriander, shallots, crushed peanuts, brown rice, quinoa, lemon & sweet chilli sesame dressing	
1144	Chicken Caesar	chicken breast, bacon, Caesar dressing, lettuce, croutons, boiled egg & parmesan cheese	
1143	Chicken Avocado	chicken breast, cucumber, avocado, grape tomato, toasted seeds & salad mix, balsamic dressing	
7118	Nut Free Grilled Chicken Pesto Pasta	chargrilled chicken, rocket, pasta, nut free basil pesto mayo, Kalamata olives, semi dried tomato, parmesan cheese	
7119	Pumpkin, Beetroot & Feta	grilled pumpkin, feta cheese, kale, cos lettuce, mint, beetroot, green peas, toasted seeds & French dressing	
1141	Middle East Mezze	falafel, feta cheese, peas, broccoli florets, toasted seeds, coriander, quinoa, brown rice, cabbage, baba ganoush & French dressing	

Baby Croissants (Order On Catering Section Of Online Ordering)

<u>Code</u>	<u>Product</u>	<u>Ingredients</u>
-------------	----------------	--------------------

7076	Shaved Ham & Swiss Cheese Mini Croissant	shaved ham & Swiss cheese	
7077	Shaved Ham, Tomato & Tasty Cheese Mini Croissant	shaved ham, tomato & tasty cheese	
7079	Tasty Cheese & Tomato Mini Croissant	tasty cheese & tomato	
7078	Baby Spinach, Feta Cheese & Semi Dried Tomato Mini Croissant	baby spinach, feta cheese & semi dried tomato	
<u>Lunch Bags</u>			
<u>Code</u>	<u>Product</u>	<u>Ingredients</u>	
7080	Lunch Bag A	Sandwich, piece of fresh fruit, large muffin, serviette	
7082	Lunch Bag C	Sandwich, freshly squeezed orange juice, piece of fresh fruit, muesli bar, serviette	
7083	Lunch Bag D	Tortilla wrap, large muffin, piece of fresh fruit, potato chips, muesli bar, serviette	
7084	Lunch Bag E	Filled baguette, freshly squeezed orange juice, piece of fresh fruit, mini muffin, serviette	

7085	Lunch Bag F	2 x Sandwiches, 2 x mini chocolate bars, piece of fresh fruit, serviette	
7086	Lunch Bag G	Sandwich, fruit salad pot, freshly squeezed orange juice, chocolate brownie, fork & serviette pack	
7087	Lunch Bag H	Sandwich, cheese & biscuits, 2 x mini chocolate bars, salad pot, piece of fresh fruit, fork & serviette pack	
7088	Lunch Bag I	Tortilla wrap, large muffin, piece of fresh fruit, freshly squeezed orange juice, salad pot, cheese & biscuits, fork & serviette pack	