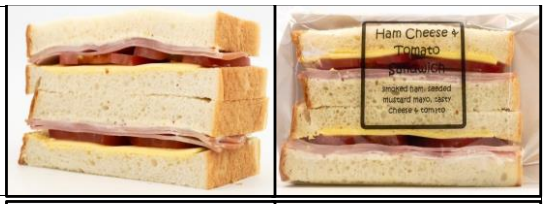
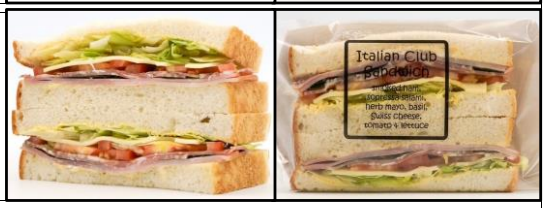
Code	Product	Ingredients		
631	Chicken Schnitzel Sandwich On White	chicken schnitzel, herb mayonnaise, tomato & lettuce		
9094	Chicken Chicken mango habanero On Wholemeal	chicken breast, mayonnaise, mango habareno sauce & lettuce		
633	Chicken Mayonnaise Sandwich On Wholemeal	chicken breast, mayonnaise & lettuce		
693	Chicken & Avocado Sandwich On Light Rye	chicken breast, mayonnaise, avocado spread, semi dried tomato & lettuce		
5522	Peri Peri Chicken Sandwich On Light Rye	chicken breast, peri peri sauce, mayonnaise, red & white cabbage, carrot & baby spinach		
158	Super Salad Sandwich On Mixed Grain	tasty cheese, avocado spread, cucumber, mayonnaise, tomato, carrot & lettuce		
159	Egg & Lettuce Sandwich On Wholemeal	egg mayonnaise & lettuce		
638	Cheese & Tomato Sandwich On Wholemeal	tasty cheese & tomato		
6056	Vegan Rainbow Sandwich On Wholemeal	homous, cucumber, carrot, pickled red onion, baby spinach, mint, red & white cabbage		
6252	American Reuben Sandwich On Light Rye	pastrami, Russian dressing, pickles, provolone cheese & lettuce		

639	Ham, Cheese & Tomato Sandwich On White	smoked ham, grain mustard mayo, tasty cheese & tomato	
640	Turkey & Swiss Cheese Sandwich On Mixed Grain	turkey breast, cranberry sauce, Swiss cheese, cucumber & lettuce	
642	Roast Beef Sandwich On Mixed Grain	roast beef, grain mustard, tomato, caramelised onion & lettuce	
695	Italian Club On White	smoked ham, sopressa salami, herb mayo, basil, Swiss cheese, tomato & lettuce	

TORTILLA

Code	Product	Ingredients	
174	Chicken Caesar Tortilla	chicken breast, Caesar dressing, parmesan cheese, boiled egg, crispy bacon & lettuce	
699	Chicken & Avocado Tortilla	chicken breast, mayonnaise, avocado spread, semi dried tomato & lettuce	
6255	Mexican Chicken Tortilla	crumbed chicken breast, chipotle mayonnaise, jalapenos, tasty cheese, red capsicum, lettuce	
6256	Chicken Satay Tortilla	poached chicken, satay sauce, mayonnaise, peanuts, carrot, radish, cos lettuce, shredded kale, fresh mint, cucumber	
801	Pesto Chicken Tortilla	chicken breast, pesto mayonnaise, tomato, fresh basil, mozzarella cheese & lettuce	
805	Roast Beef Tortilla	roast beef, grain mustard, tomato, caramelised onion & lettuce	

5514	Italian Club Tortilla	smoked ham, sopressa salami, herb mayo, basil, mozzarella cheese, tomato & lettuce	
657	Falafel & Tabouli Tortilla	falafel, homous, tabouli, tomato, sweet chilli sauce & lettuce	
6025	Pumpkin & Feta Tortilla	roast pumpkin, lettuce, capsicum, feta cheese, peri peri sauce	

PANINI

Code	Product	Ingredients	
661	Chicken Schnitzel Panini	chicken schnitzel, herb mayonnaise, tomato & lettuce	
662	Chicken & Avocado Panini	chicken breast, mayonnaise, avocado spread, semi dried tomato & lettuce	
5529	Peri Peri Chicken Panini	chicken breast, peri peri sauce, mayonnaise, red & white cabbage, carrot & baby spinach	
6254	Mexican Chicken Panini	crumbed chicken breast, chipotle mayonnaise, jalapenos, tasty cheese, red capsicum, lettuce	
6048	Pesto Chicken Panini	chicken breast, pesto mayonnaise, tomato, fresh basil, Swiss cheese & lettuce	
6047	Chicken & Bacon Club Panini	chicken breast, avocado spread, mayonnaise, crispy bacon, tomato & lettuce	
6049	Ham, Cheese & Tomato Panini	smoked ham, grain mustard mayo, tasty cheese & tomato	

6008	Tomato, Bocconcini & Basil Panini	tomato, bocconcini cheese, baby spinach, basil pesto & balsamic glaze	

BAGUETTE

Code	Product	Ingredients	
6104	Smoked Salmon	smoked salmon, cream cheese, fresh dill, cucumber, black pepper & lettuce	
201	Chicken & Bacon Club Baguette	chicken breast, avocado spread, mayonnaise, crispy bacon, tomato & lettuce	
6256	Chicken Caesar Bacon Baguette	chicken breast, Caesar dressing, parmesan cheese, crispy bacon & lettuce	
6214	Southern Fried Chicken Baguette	crumbed chicken breast, cream cheese, tomato, lettuce & mango chutney	
6257	Chicken Crunch Baguette	chicken breast, seeded mustard mayonnaise, celery, cucumber, tomato & lettuce	
682	Roast Beef Baguette	roast beef, grain mustard, tomato, caramelised onion & lettuce	
734	Turkey & Swiss Cheese Baguette	turkey breast, cranberry sauce, Swiss cheese, cucumber & lettuce	
698	Italian Club Baguette	smoked ham, sopressa salami, herb mayo, basil, mozzarella cheese, tomato & lettuce	
677	Ham, Cheese & Tomato Baguette	smoked ham, grain mustard mayo, tasty cheese & tomato	

6105	Italian Antipasto Vegetarian	goats cheese, roasted capsicum, pickled red onion, olives, artichoke heart, spinach, rocket & balsamic glaze	

GLUTEN FREE SANDWICHES & WRAPS

Code	Product	Ingredients	
6011	Chicken Mayo Gluten Free Sandwich	chicken breast, mayonnaise & lettuce	
6013	Roast Beef Gluten Free Sandwich	roast beef, grain mustard, tomato, caramelised onion & lettuce	
6012	Ham, Cheese & Tomato Gluten Free Sandwich	smoked ham, seeded mustard mayo, tasty cheese & tomato	
5521	Chicken & Avocado Gluten Free Wrap	chicken breast, mayonnaise, avocado spread, semi dried tomato & lettuce	
6018	Falafel Vegan Salad Gluten Free Wrap	falafel, vegan mayonnaise, cucumber, sweet chilli sauce, tomato & lettuce	
200	Vegan Rainbow Gluten Free Wrap	homous, cucumber, carrot, pickled red onion, baby spinach, mint, red & white cabbage	

BREAKFAST

Code	Product	Ingredients	
660	Ham & Cheese Croissant	ham & tasty cheese	
6266	Kransky, Cheese & Bacon Roll	kransky sausage, tasty cheese, tomato sauce, bacon, wrapped in puff pastry	

742	Ham & Cheese Toastie	ham & tasty cheese	
746	Chicken & Cheese Toastie	chicken breast, mayonnaise & tasty cheese	
6237	Bacon, egg & relish roll	bacon, egg & tomato relish	
6285	Breakfast Burrito	bacon, egg, chipotle mayonnaise, hash brown, shredded tasty cheese	
9521	Vegetarian Breakfast Burrito	egg, hash brown, spinach, mozzarella cheese, sour cream & Pico De Gallo	

SALAD BOWLS

Code	Product	Ingredients	
644	Middle East Mezze	falafel, feta cheese, peas, broccoli florets, toasted seeds, coriander, mixed quinoa, brown rice, red & white cabbage, baba ganoush & French dressing	
170	Vegan Rainbow Bowl	mixed quinoa, pickled red onion, brown rice, shredded red & white cabbage, carrot, peas, mint, homous, broccoli florets, toasted seeds, lemon wedge & French dressing	
648	Pumpkin, Beetroot & Feta	grilled pumpkin, feta cheese, kale, cos lettuce, mint, beetroot, green peas, toasted seeds & French dressing	
6107	Vegan Teriyaki Tofu Bowl	tofu, teriyaki glaze, mixed quinoa, brown rice, shredded cabbage, edamame beans, carrot, capsicum, coriander, shallots, toasted seeds, sweet chilli sesame dressing	
6265	Chicken Satay Salad	poached chicken, satay sauce, mayonnaise, edamame, peanuts, carrot, radish, cos lettuce, shredded kale, fresh mint, cucumber & mint dressing	

6108	Chicken, Goats Cheese & Pesto	chicken breast, mixed lettuce, kale, grape tomato, cucumber, goats cheese, basil, toasted seeds, pickled red onion, chickpeas & pesto vinaigrette	
709	Chicken Avocado	chicken breast, cucumber, avocado, grape tomato, toasted seeds, lettuce, balsamic dressing	
647	Chicken Caesar	chicken breast, bacon, Caesar dressing, lettuce, croutons, boiled egg & parmesan cheese	
321	Mexican Chicken Kale Caesar	chicken breast, kale, lettuce, shredded cheese, tortilla chips, red capsicum, jalapeno chilli, coriander, chipotle Caesar dressing	
6035	Nut Free Chicken Pesto Pasta	chargrilled chicken, rocket, pasta, nut free basil pesto mayo, Kalamata olives, semi dried tomato, parmesan cheese	
5519	Moroccan Market Chicken Bowl	chicken breast, broccoli, quinoa, brown rice, cabbage, mint, carrots, toasted seeds, feta, dried apricots & cranberries, crispy shallots, mint & lemon dressing	
710	Thai Chicken Bowl	chicken breast, cabbage, capsicum, carrot, mint, coriander, shallots, crushed peanuts, brown rice, mixed quinoa, lemon wedge & sweet chilli sesame dressing	
6224	Hoisin Chicken & Crispy Noodle Salad	chicken, hoisin glaze, cos lettuce, goats cheese, shallots, roasted sweet potato, rocket, corn, crispy noodles, cherry tomato, tamari almonds, honey lime coriander dressing	
764	Chicken Poke Bowl	chicken breast, quinoa, brown rice, shredded cabbage, edamame, cucumber, carrot, radish, coriander, shallots, toasted seeds, shoyu dressing, wasabi mayo	
6037	Korean Chicken Salad	Korean spiced chicken, brown rice, red & white cabbage, honey lime & coriander dressing, quinoa, carrot, grape tomato, coconut chips, toasted seeds	
6036	Tokyo Chicken Bowl	chargrilled chicken, honey lime & coriander dressing, cucumber, cabbage, kale, edamame beans, pickled red onion, rice crackers, coriander, toasted seeds	

6263	Roasted Sesame Chicken Bowl	poached chicken, edamame, pickled red onion, cos lettuce, shredded kale, red & white cabbage, crispy shallots, coriander, roasted sesame dressing	
6226	Crispy Chicken Bowl	crumbed chicken breast, feta , carrot, cherry tomato, shredded cabbage, spinach, rocket, lime wedge, tamari almonds, crispy noodles, cucumber & green tahini dressing	
5537	Thai Beef Salad	shredded beef, red onion, grape tomato, cucumber, peanuts, crispy shallot, mint, basil, coriander, red capsicum, mixed lettuce, sweet chilli sesame dressing	
216	Garden Salad	lettuce, tomato, cucumber, carrot, pickled red onion & French dressing sweet chilli sesame dressing	

HOT BOWLS

Code	Product	Ingredients	
6260	Beef meatballs, Napolitana Sauce, Penne Pasta & Parmesan Cheese	beef meatballs, napolitana sauce, penne pasta & parmesan cheese	
6113	Indian Butter Chicken & Jasmine Rice	chicken, butter chicken sauce, coriander & jasmin rice	
6260	Beef Tortellini, Napolitana Sauce & Parmesan Cheese	beef tortellini, napolitana sauce, basil & parmesan cheese	
6261	Spinach & Ricotta Ravioli, Bacon Carbonara Sauce	spinach & ricoota ravioli, bacon carbonara sauce	

FRUIT BOWLS

Code	Product	Ingredients	
105	Fruit Salad Bowl	pineapple, rockmelon, watermelon, honeydew melon, grapes, strawberries & apple	

652	Fruit Salad & Yoghurt Bowl	pineapple, rockmelon, watermelon, honeydew melon, grapes, strawberries & apple with passionfruit yoghurt		

SNACK POTS

Code	Product	Ingredients		
217	Carrots, Celery & Homous Pot	carrot, celery & homous dip		
218	Egg & Spinach Snack Pot	boiled eggs & baby spinach		
6016	Tortilla Chips, Guacamole & Salsa	tortilla chips, guacamole & salsa		
6032	Chicken Bites & Herb Aioli	Korean spiced chicken & herb mayonnaise dip		

YOGHURT & FRUIT POTS

Code	Product	Ingredients		
260	Mixed Berry & Mango Yoghurt	Greek yoghurt, mixed berries & mango puree		
257	Blueberry & Granola Yoghurt	Greek yoghurt, blueberries & granola		
6210	Apple Crumble Yoghurt	Greek yoghurt, sliced apple, cinnamon, apple crumble granola		

6211	Mango, Coconut & Berry Granola Yoghurt	Greek yoghurt, sliced mango, mango puree, berry granola & toasted coconut		
6267	Strawberry Yoghurt & Honey Granola	Greek yoghurt, strawberry puree & honey almond cinnamon granola		
5084	Fruit Salad Pot	pineapple, rockmelon, watermelon, honeydew melon, grapes & apple		

DELI BOXES (ORDER ON CATERING SECTION OF ONLINE ORDERING)

Code	Product	Ingredients	
7017	Mixed Finger Sandwich Box	(smoked salmon, dill & cream cheese), (beef, horseradish aioli, semi dried tomato), (chicken & avocado), (smashed egg & cracked pepper)	
7018	Vegetarian Finger Sandwich Box	(smashed egg & cracked black pepper) (pesto, bocconcini, spinach & semi dried tomato)	
7012	Australian Cheese Box	cheddar, brie & blue cheese, lavosh crackers, dried apricots & pitted dates	
7011	Antipasto Deli Box	smoked ham, sopressa salami, basil, semi dried tomato, olives, feta cheese, cherry tomato & lavosh crackers	
7016	Healthy Deli Box	carrot, celery & capsicum batons, feta cheese, cherry tomato, homous & avocado dip	

LARGE CATERING BOXES (ORDER ON CATERING SECTION OF ONLINE ORDERING)

Code	Product	Ingredients	
7042	Large Catering Box 1	**10 x Baby Panini**: 2 x chicken avo, 2 x Italian club, 2 x tomato bocconcini, 2 x ham, 2 x turkey, **4 x Sandwich**: 2 x egg, 2 x chicken mayo, **4 x Wraps**: 2 x pesto chicken, 2 x roast beef	

7043	Large Catering Box 2	**10 x Sandwich**: 2 x chicken avo, 2 x egg, 2 x ham cheese & tomato, 2 x roast beef, 2 x turkey & brie	
7044	Large Catering Box 3	**6 x Sandwich**: 2 x chicken avo, 2 x ham, 1 x egg & lettuce, 1 x turkey & brie, **6 x Wraps**: 2 x chicken caesar, 1 x roast beef, 1 x Italian club, 1 x pumpkin & feta, 1 x falafel	
7045	Large Catering Box 4	**7 x Baguettes**: 1 x turkey, 1 x Italian antipasto vegetarian, 2 x chicken club, 1 x Italian, 1 x ham, 1 x beef	
7046	Large Catering Box 5	**18 x Finger Sandwich**: 3 x walnut chicken, 3 x turkey, 3 x egg, 3 x beef, 3 x salmon, 3 x ham & Swiss cheese	
7047	Large Catering Box 6	**59 x Pieces Sweet Treats**: chocolate brownie, mini muffins, lemon drizzle cakes, caramel slice, lamingtons, angel slice	

Medium Catering Boxes (Order On Catering Section Of Online Ordering)

Code	Product	Ingredients	
7048	Medium Catering Box 1	**8 x Baby Panini**: 2 x chicken avo, 2 x ham, 2 x Italian, 2 x turkey & brie, **2 x Sandwich:** 1 x egg, 1 x chicken mayo, **4 x Wraps**: 2 x pesto chick, 1 x beef, 1 x falafel	
7049	Medium Catering Box 2	**6 x Sandwich**: 2 x chicken avocado, 1 x egg, 1 x ham cheese & tomato, 1 x roast beef, 1 x turkey & brie	
7050	Medium Catering Box 3	**3 x Sandwich**: 1 x chicken avo, 1 x ham, 1 x egg, **4 x Wraps:** 1 x caesar, 1 x beef, 1 x Italian, 1 x pumpkin & feta	
7051	Medium Catering Box 4	**5 x Baguettes**: 1 x chicken club, 1 x roast beef, 1 x turkey & brie, 1 x ham, 1 x Italian Antipasto Vegetarian	

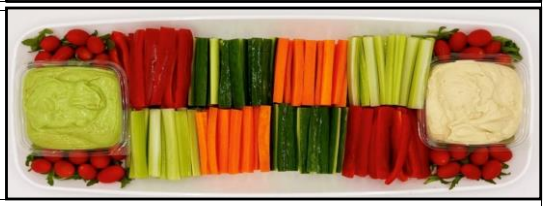
7052	Medium Catering Box 5	**12 x Finger Sandwich**: 3 x walnut chicken, 3 x egg & lettuce, 3 x smoked salmon, 3 x ham & Swiss cheese	
7053	Medium Catering Box 6	**43 x Pieces Sweet Treats**: chocolate brownies, mini muffins, lemon drizzle cakes, caramel slice, lamingtons, angel slice	

Small Catering Boxes (Order On Catering Section Of Online Ordering)

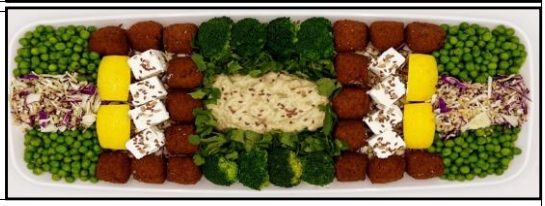
Code	Product	Ingredients	
7054	Small Catering Box 1	**3 x Baby Panini**: 1 x chicken avocado, 1 x ham cheese tomato, 1 x turkey & brie, **1 x Sandwich**: 1 x chicken mayonnaise, **1 x Wrap**: 1 x falafel & tabouli	
7055	Small Catering Box 2	**3 x Sandwich**: 1 x chicken avocado, 1 x egg & lettuce, 1 x ham cheese tomato	
7056	Small Catering Box 3	**2 x Sandwich**: 1 x chicken avocado, 1 x ham cheese tomato **1 x Wrap:** 1 x pumpkin & feta	
7057	Small Catering Box 4	**2 x Baguettes**: 1 x chicken club, 1 x Italian Antipasto Vegetarian	
7058	Small Catering Box 5	**6 x Finger Sandwich**: 1 x walnut chicken, 1 x egg, 1 x roast beef, 1 x salmon, 1 x ham Swiss cheese, 1 x turkey & brie	
7059	Small Catering Box 6	**18 x Pieces Sweet Treats**: chocolate brownies, mini muffins, lemon drizzle cakes, caramel slice, lamingtons, angel slice	

Grazing Platters (Order On Catering Section Of Online Ordering)

Code	Product	Ingredients	
7072	Fruit Platter	pineapple, rockmelon, watermelon, seedless grapes, strawberries & honeydew melon	

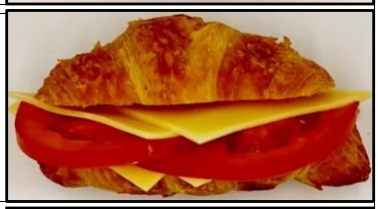
7073	Antipasto Platter	sopressa salami, ham, pickles, jalapenos, olives, semi dried tomato, panini, falafel, tortilla, pickled onion, cherry tomato, homous	
7074	Cheese, Nut & Dried Fruit	cheddar, brie, cheese, blue cheese, water crackers, mixed nuts, dried apricots & pitted dates	
7075	Crudite Platter	crunchy carrot, celery sticks, capsicum batons, feta cheese, cherry tomato, homous & avo dip	

Salad Platters (Order On Catering Section Of Online Ordering)

Code	Product	Ingredients	
1145	Thai Chicken Salad	chicken breast, red & white cabbage, fresh red capsicum, carrot, mint, coriander, shallots, crushed peanuts, brown rice, quinoa, lemon & sweet chilli sesame dressing	
1144	Chicken Caesar	chicken breast, bacon, Caesar dressing, lettuce, croutons, boiled egg & parmesan cheese	
1143	Chicken Avocado	chicken breast, cucumber, avocado, grape tomato, toasted seeds & salad mix, balsamic dressing	
7118	Nut Free Grilled Chicken Pesto Pasta	chargrilled chicken, rocket, pasta, nut free basil pesto mayo, Kalamata olives, semi dried tomato, parmesan cheese	
7119	Pumpkin, Beetroot & Feta	grilled pumpkin, feta cheese, kale, cos lettuce, mint, beetroot, green peas, toasted seeds & French dressing	
1141	Middle East Mezze	falafel, feta cheese, peas, broccoli florets, toasted seeds, coriander, quinoa, brown rice, cabbage, baba ganoush & French dressing	

Baby Croissants (Order On Catering Section Of Online Ordering)

Code	Product	Ingredients	
7076	Shaved Ham & Swiss Cheese Mini Croissant	shaved ham & Swiss cheese	

7077	Shaved Ham, Tomato & Tasty Cheese Mini Croissant	shaved ham, tomato & tasty cheese	
7079	Tasty Cheese & Tomato Mini Croissant	tasty cheese & tomato	
7078	Baby Spinach, Feta Cheese & Semi Dried Tomato Mini Croissant	baby spinach, feta cheese & semi dried tomato	